

Studio Reset & Cleaning Checklist

Keep your studio calm, clean and ready.

between every class

- Reset each mat station
- Return props, bolsters and blocks to their home
- Wipe down surfaces and shared props
- Tidy the reception and shoe area
- Quick sweep of the studio floor

weekly

- Deep-clean mats, blocks and straps
- Launder bolster covers, blankets and towels
- Clean mirrors and windows
- Dust ledges, shelves and the prop store
- Sanitise the water station

daily

- Disinfect shared mats and props
- Clean changing rooms and toilets
- Mop the studio floor
- Empty bins and refresh towels
- Wipe sound system and AC remotes

Monthly

- Deep-clean the studio floor
- Check and clean AC / air filters
- Audit prop inventory and retire worn mats
- Review the cleaning log for gaps

Cleaning record

Date · Area · Task · Done by · Time · Photo on file